



IMA FOCUS

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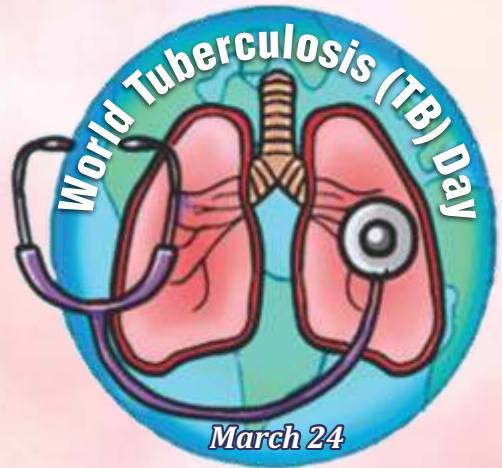


HAPPY

WOMEN'S

DAY

March 8



Theme : "Invest in Women : Accelerate Progress"

National **VACCINATION DAY**

March 16



*IMA-KSB President Speaks
On 23rd of Every month On Zoom Platform*
Meeting ID : 594 076 5774
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Editorial

From the Desk of
Prof. Dr. S.M. Prasad

Dear Senior IMA members & Colleague,

Greetings from Editorial committee.

It is enlightening to see that most IMA branches are doing great activities every month. I am sure that IMA branches are our academic clubs socializing with most of our allopathy doctors. IMA is a common platform where we get the inputs of experience from senior doctors of medical profession and impart some knowledge to our junior members.

IMA serves and support the members of allopathy doctors everywhere. Now it a need to get and give support our allopathy family. All the schemes both professional protection and health protection as well as the schemes for the benefit of dependent family members are boon to IMA members. Thus, academic and sometimes the non-academic activities at various IMA branches are boon doctors. Encourage all allopathy doctors in your family, among friends (irrespective of age) and colleagues at your institution/establishments to become IMA Life member. "EACH ONE BRING ONE" saaga should continue.

We need to update ourselves the government policies both at the state and National level time to time. Commissioner office of Health and Family welfare services, Government of Karnataka has sent a circular dated 3rd January 2024 for registration of private medical facilities and their service providers under the HFR (Health facility registry) and HPR (healthcare professional registry) and updating the same in IDs in the KPME portal. Doctors should create healthcare professional ID (HP ID) with documents. Kindly contact the respective district health authorities regarding the same.

Many of our IMA members are publishing the articles of interest & giving the video recording for telecast for the benefit of public which is a great move to create better understanding and rapport with the public.

Recently, I had been to Phuket via Singapore. The presence of AEDs (Automated External Defibrillator) which is used to help those experience sudden cardiac arrest. It reminds me every time I pass through an airports and public places like swimming pool, tourism places, etc. Though as faculty and medical professionals we undergoing CPR and advanced CPR training we still lack in the availability of AEDs in Railway stations, swimming pool, public park areas, apartment complex common areas, Cinema Theater, beach areas, trains, buses, etc. It is high time that we train the bus-conductors, cab drivers, auto-drivers with CPR program and use if AEDs apart from public associations like yoga groups, walker's association, etc.

I request every IMA members here to take up training at various levels and forums. This will in a large way might save and maintain more lives. So far CPR awareness getting limited to the training room only. Hence better to take on a large scale every allopathy doctor.

Jai Hind

Jai Karnataka

Long Live IMA





President's Message

Prof. Dr. Srinivasa. S

Greetings from IMA KSB.

Our Branch visit program started on 11-2-2024 Visited IMA Davanagere Branch, IMA Haveri Branch, IMA Hubballi Branch, IMA Gadag Branch, IMA Badami Branch and IMA Rona Branch.

We have discussed mainly about new membership drive and GST collection.

Requested everyone to promote membership drive and pay remaining amount of GST. In Hubballi visited IMA-KSSS (IMA Karnataka social secretary scheme) branch Office also.

Again 24-2-2024 visited Tiptur, Kadur-Birur, Tarikere, Badravathi, and Shivamogga IMA branches visited and Inaugurated Tennis and swimming Tournament at Shivamogga.

We had National Girl child day on 24-1-2024. I should thank Dr Geetha Doppa for celebrating National girl child day at KVG Medical college at Sullia.

Should convey my thanks to Dr M.N.Rajagopala Shetty, Sr. Vice-President, IMA-KSB for hoisting the National flag on Republic Day on 26-1-2024 in my absence. Also I am very much thankful to our secretary Dr Karunakara.B.P for organising this event.

I am very happy to inform and also congratulate our two doctors who received PADMASHREE AWARD from the Central Government. I congratulate Dr C R Chandrasekar reputed Psychiatrist and Dr Prema Danaraj senior plastic surgeon for their great contributions to the nation.

We had Covid martyrs day on 30-01-2024, Our national IMA Head quarters fixed this day as Covid martyrs day with respect to doctors who have sacrificed their life for the people. my appreciation and solute will be there towards National president Dr R.V.Asokan for declaring this day as covid martyrs

day. We have organized procession, candle light ceremony and felicitation of wives of martyred IMA Doctors.

Covid martyrs day also observed in Sullia, Gangavathi, and other places. Membership discount scheme extended by headquarters until 10 of March, We have sent circular to all president and secretaries to utilize the discount offer to the maximum.

Mrs Vijayamma, Sweeper employee is retired from our IMA office, We organized a felicitation programme and lunch programme on 3-2-2024.

On 07-02-2024 IMA headquarters organized members of parliament meet at New Delhi to release health manifesto of IMA. Around 60 MP'S participated and program was successful.

On 04-02-2024 world cancer day was celebrated at Bangalore, Sullia and Mangalore.

On 06-02-2024 IMA headquarters written given representation to our chairman Dr B.N.Gangadhar requested to keep the NEXT exam on hold. It is very appreciable task from headquarters IMA.

On 05-02-2024 43 unlicensed clinic was shutdown after rides by health officials and with the help from IMA branches in Kalaburgi District is an appreciable event,

I would expect the same measures by other branches also.

On 10-02-2024 Krupa R Kumar final year MBBS students from KIMS Bangalore has become co-convenor of national IMA MSN (Medical Student Network). I congratulate her for getting nominated as co-convenor of national IMA MSN. So I acknowledge and congratulate IMA-KSB Kannada Vaidya Barahagarara Vedhikae President Dr Veena for doing good job in organising webinars, like diabetic reversal program by Dr.Sureka B. Shetty

(speaker). My special thanks to Dr Madhusudhan Kariganoor our past president of IMA KSB from siraguppa for his involvements in DATTA UPPANYASA KARYAKRAMA in Kannada.

I should thank IMA-AMS CHAIRMAN Dr Geetha Doppa and secretary Dr Suresh Kaggalkar for organising IMA webinars.

On 30-01-2024 by Dr Mohan Sunil Kumar the Chief psychiatrist spoke on code grey mindset the need of the hour for doctors.

On 20-02-2024 Dr Barathi Rajashekar Chief Gynaecologist (Hassan) spoke about Hpv vaccination.

I also thank Dr Padma Prakash, Chairman Public Health committee for organising CANCER EARLY DETECTION SAVES LIFE, spoke by Dr L.Appaji popular Pediatric oncologist from Bangalore. This programme chaired by IMA FOCUS editor Dr S,M Prasad. My heart felt thanks to DR S.M Prasad.

I appreciate and Dr Yogananda Reddy for giving very good review about Health Department Budget.

I request all the State Working Committee members to attend 874th State Working Committees Meeting and participate actively on 10-03-2024 at kollegal.

My heartfelt thanks to our senior Vice-President Dr.M.N.Rajagopala Shetty and president and secretary of Kollegal branch for hosting the SWC meeting.

My sincere request to all president and secretaries of our state to collect the remaining GST from all the members as per circular sent to you.

Dear members I have received some requests from IMA Tiptur branch like

1. Doctors cooperative society bank
2. Social security and indemnity drive
3. Doctors Layout in Bangalore
4. Doctor Job Employment Exchange Website
5. Post MBBS NEET coaching courses
6. Standard basic salary for professionals
7. Doctors community matrimonial web site
8. Financial assistance for doctors initial startup
9. Stipend for fellowship programs
10. Arrangement for live zoom meeting during state general body meeting

You can go through all these points, analyses, I am planning to discuss in SWC meeting.

LONG LIVE IMA

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ
ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.



IMA PRAYER

May everybody be happy
May everybody be healthy
May everybody be free from pain
May everybody be free from sorrow
May we be the healing cure
Beyond every greed & lure

ಧ್ವಜ ವಂದನೆ

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜಕ್ಕೆ ವಂದನೆ ಸಲ್ಲಿಸಲು ಇಲ್ಲಿ ನಿಂತಿದ್ದೇವೆ.
ಅದರ ಗೌರವ ಮತ್ತು ವೈಭವವೇ ನಮ್ಮ ಬೆಳಕು ಮತ್ತು ಶಕ್ತಿ ಮತ್ತು ಅದರ ಪಥವೇ ನಮ್ಮ ಪಥವು.
ಈ ರಾಷ್ಟ್ರೀಯ ಸಂಸ್ಥೆಯ ಮಾನ್ಯತೆ ಪಡೆದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ಜವಾಬ್ದಾರಿಗಳನ್ನು
ಅರಿಯುವ ಮೂಲಕ ಅದಕ್ಕೆ ನಮ್ಮ ನಿಷ್ಠೆಯನ್ನು ತೋರಿಸುವ ಪ್ರತಿಜ್ಞೆ ಮಾಡುತ್ತಿದ್ದೇವೆ.
ದೇಶಸಮೂಹಗಳ ನಡುವೆ ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜವು ಉನ್ನತ ಮಟ್ಟದಲ್ಲಿ ಹಾರಾಡುವ
ಸಲುವಾಗಿ ನಮ್ಮ ಅಧಿಕಾರದಲ್ಲಿರುವ ಎಲ್ಲವನ್ನೂ ಅದಕ್ಕೆ ಸಮರ್ಪಿಸುವ ಪ್ರಮಾಣ ಮಾಡುತ್ತಿದ್ದೇವೆ.

ಚೈಹಿಂದ್

ಐ.ಎಂ.ಎ. ಚಿರಾಯುವಾಗಿರಲಿ



Secretary's Message

Dr. Karunakara B.P.

Dear all,

Greetings from the IMA KSB !

February, the second month of the year was reasonably cool and allowed us to work on some of the important issues.

GST : A lingering responsibility of abiding the law of the land and safeguarding the interests of the IMA KSB and its branches. After the GST team visited the KSB Office, analysed and issued notice to pay the GST, we had series of meeting and agreed upon to pay the same with protest, pending the court verdict on Kerala case. The same was discussed in details, accepted and adopted in the subsequent working committee and council meetings. Accordingly, part payment was done and payment towards interest and some more contents which required clarification were kept in abeyance. Over the last few weeks, the GST officials re-evaluated and re-submitted modified notice to pay the remaining dues. Again series of meetings were held with the GST officials and the our GST auditors. With intense discussion and the negotiation a significant amount has been saved for IMA KSB. Finally it was decided to pay the remaining amount with protest and close the issue. So, as on today, IMA KSB has paid its GST in full with protest. In the event of a favourable court verdict on the issue, it will help us to recover the paid amount.

An emergency officer bearers & seniors meeting was called on 22-2-2024 evening on virtual zoom platform to discuss the GST payment. After the detailed discussion, it was agreed to follow the rule of the land and do the payment with protest.

TIME FOR THE LOCAL BRANCHES TO COLLECT THE GST AMOUNT FROM THEIR MEMBERS: Not it's time for all the local branches to take up the issue on priority basis and mobilise members to pay their share. IMA KSB took the responsibility of every branches and every members and paid the GST mobilising resources from various sources. Now, it's time for the branches and

their members to own up the responsibility and do the needful. Till now, very few smaller branches have reimbursed their share of GST, some branches have made part payments and most have not done anything significant. Bigger branches, who have major responsibility,

President monthly talk: President recollected the various important events happened over the month and discussed. Members actively participated and contributed to the discussion and decision making.

Sports activities: IMA Shimoga successfully conducted a memorable swimming and tennis sports event with very enthusiastic participation by the members. Congratulations to the team Shimoga!

Membership drive: MA KSB, is doing everything to motivate and mobilise the branches to actively participate in the most important drive and enroll more and more new members. Hope, everyone makes use of the opportunity and benefit.

Public health committee and IMA AMS are very enthusiastically organizing zoom meetings with wonderful topics and speakers. The programs have been well appreciated with enthusiastic participation. Awareness programs like cancers prevention and cervical cancer vaccination were well appreciated. An united show by the IMA Belagavi against a misbehaviour of a citizen against its members was an reminder of our strength.

IMA CGP conducted a well participated and appreciated virtual CME on 24-2-2024.

IMA KSB Kannada Barahagarara Balaga is going strong with regular weekly webinar activities and well appreciated.

March is lined with activities including state working committee meeting hosted by IMA Kollegala, singing competition at Hassan, woman's day celebrations and more. Looking forward to well attended SWC meeting.

Jai Hind!

Jai Karnataka!

Long live IMA!



Vice President's Message

- Dr Rajagopala Shetty

Season greetings to all our IMA members!!

As all of you are aware these days that our profession is facing some challenges to be solved by us only; no one has found any solution till today i.e. ATROCITY on doctors- doctors will explain all the possibilities of outcome when they accept serious cases. But when a very sick person expires also the reaction of the mob is unbearable & sometimes police also become helpless in front of mob. Then what is the solution?

1. In my opinion we must unitedly face.
2. Make use of the available LAW and if necessary, we must meet the authorities to make them to understand the seriousness & come out with more stringent laws.
3. Arrange awareness meetings for doctors to make them to understand better about the legal protections we have got. IPC codes knowledge to save ourselves during crisis.
4. Most important is the proper record in the case sheets
5. Please become members of KPSS which will really stand with us for all legal assistance & financial assistance if compensation is awarded in the court of Law or CPA.
6. Please become members of KSSS which will really help your loved once to have financial assistance during those hard days.

7. Please take health insurance KSHS to have some financial assistance. This scheme has lot of privileges no pre-existing diseases asked. Even other insurance companies has given financial assistance, the schemes of our KHS will award up-to 2 lakhs in addition.
8. We have got some responsibilities also to discharge for the smooth running of IMAKSB. Please co-operate & contribute to pay GST.

Our President & legal cell people have represented in person to authorities several times to avoid the same but Government has refused .They have met leading GST consultants & all of them are of the opinion that it is mandatory to pay GST.

Now the members must take call & pay GST as early as possible. I request all branch Presidents & Secretaries to call meeting to sensitize about the urgency & collect GST send the same to IMAKSB.

I request all Doctors to become IMA life members using IMA Membership Drive.

I take this opportunity to inform that IMA Kollegal branch is hosting IMA KSB- 874th SWC MEETING at KOLLEGAL.





We invite on behalf of IMA KOLLEGAL branch all the State Working Committee members to attend the 874th SWC meeting to be held on 10th of March at KOLLEGAL IMA HALL.

Jai Hind!

Jai Karnataka!

Long live IMA!

Scan to download Membership application forms

 IMA KSB APPLICATION FORM	 IMA KSSS APPLICATION FORM	 IMA KPSS APPLICATION FORM	 IMA KSHS APPLICATION FORM
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BRANCH ACTIVITIES

Branch : Ankola
President : Dr.Dinesh L. Bhatkal

On 24.01.2024 IMA Ankola Branch celebrated "National Girl Child Day" at V.K.High school inaugurated By senior Family Physician Dr Sadhana, "Health talk on Menstrual Hygiene, Anemia". Self Defence, Good n Bad touch, importance of Education n Future goals



Branch : Bagalkot
President : Dr. Arun T Miskin
Secretary : Dr. Pramod Mirji



On 26.02.2024 CME Programme was conducted 3 talks on some aspects of Hospital management. The talks were on (1). "Biomedical waste treatment by Dr B S Angadi, Executive Director, CBMWTF Bagalkote, (2) "Fire safety in Hospitals" by Shri Malikarjunappa, District Fire officer, Bagalkote and (3) "Medical records keeping" by Smt Kavita Bulbule, Medical records consultant, Belagavi. The event

was well attended by many doctors and paramedical hospital staff. On the occasion of World cancer day, Bagalkot IMA organised Blood donation camp and Panel discussion on Cancer awareness in association with Lions club Bagalkot and Dhanvantari blood bank. About 20 people donated blood, out of which 5 were doctors. The panelists for the panel discussion were Dr Santosh Ijeri (Oncosurgeon), Dr Arun T Miskin (Pathologist), Dr Geetanjali (Gynaecologist) and Dr Hamsa Nandini (Oral cancer surgeon). Thorough discussion took place on all aspects of cancer. Many IMA members and Lions club members attended the program.

Branch : Ballari
President : Dr. Srinivasulu D
Secretary : Dr. Raghavendra

IMA Ballari in Association with ISA Ballari successful conducted second batch of BCLS workshop to Staff Nurses/Lab technicians. On behalf of IMA Ballari we thank ISA Ballari and Dept of Anesthesiology VIMS Ballari with special mention to Dr.Chandana madam and Dr.Nizamuddin Sir for smooth conduct of workshop and issuing certificate.



Branch : Belgaum
President : Dr. R.B. Anagol
Secretary : Dr. Sushrut Kamoji



5th working committee meeting held on 7th Feb 24. 80 members were attended. President and Secretary were attended the meeting in Govt Medical College (BIMS) to

discuss regarding ima compound wall building. Meeting was fruitful. Emergency General body meeting was called to discuss regarding the atrocity on one the IMA member. 100 members were attended. Clinical meeting was held on 17th February 2024 in IMA hall. Topic :-Finance for doctors by the doctor. Speaker:- 1. Dr Vishwanth Shindholimath Talked on introduction of finance and calculation rate.

2 . Dr.Jnaneshwar KB Talked on hoe to select the good stock. 3. Dr Shailesh Patil spoke on hoe to select the good mutual fund. 4. Dr A Ammanagi Spoke on ETF and

Insurance. 100 members are benefited. In association with NGO organised RATH SAPTHAMI Programme on 16th February 24. our members did 108 Surya Namaskar. Cancer awareness programme was organised in association WDW for public About 50 members were attended. Dr Abhinandan Hanji give talk on cancer and early detection. On 19th Feb 2024 IMA Belgaum protest silent in the city to show the solidarity and handed over memorandum to Commissioner of Police to take strict and fast action on culprit.



On 26th January 2024: IMA Bangalore Branch celebrated Republic Day by flag hoisting at IMA House Bangalore It was attended by Dr. Madhushankar L President IMA BB Dr. M Mohan Kumar M Secretary IMA BB Dr. Karunakara B P IMA KSB Hon. State Secretary. Dr. Tirthankar M Joint Secretary. Dr. Sathyavathi K Dr. Mamatha M Dr. Rajasree M. B, Dr. H C Ramesh and Past President Dr. Anuradha Paramesh V & Dr. A S Venkatachalapathy were presented. On 30th January 2024: Indian Medical Association Bangalore Branch Observed World Leprosy Day at leprosy Hospital Magadi Road Bangalore. Dr. Madhushankar L IMA Bangalore Branch President, Dr. Mohan Kumar M Hon. Secretary Dr. Pradeep Kumar K.N, & Dr. Sathyavathi K, Dr. Rajshree M B, Dr. Mahesh K M and others distributed fruits and sweets to nursing staff and Leprosy patients. 35 patients were present during this program. On 3rd February 2024: CME Program was successfully conducted by IMA Bangalore Branch in association with Punya Hospital Bangalore at IMA House, Chamarajpet Bangalore. 1. Dr. Punyavathi C Nagaraj -Laparoscopic Surgeon Punya Hospital Bangalore spoke on "Exploring the latest advancements in Laparoscopic Gynecology 2. Dr. Manish Kumar Medical Oncologist Punya Hospital Bangalore spoke on "Unraveling the complexities of smart- cancer care and insights into Multiple myeloma, Attended by Dr. Madhushankar L IMA Bangalore Branch President, Dr. Mohan Kumar M, Hon. Secretary IMA BB, Dr. Anantha Ramaiah Treasurer IMA BB, CME was Coordinated by Dr. Mahesh K M. \45 Members participated in the program. On 4th February 2024: IMA Bangalore Branch in association with Anand Rathi Investment Services Conducted CME Program at IMA Narasimha Char Auditorium, IMA House, A V Road, Bangalore-560018. 1. Mr. Sujoy Roy Deputy Vice President (Anand Rathi Stock Brokers Ltd) Spoke on Topic: Financial Planning, Tax Planning, and Retirement Planning. 2. Mr. Vinod Vaya Deputy Vice President (Anand Rathi Stock Brokers Ltd) Spoke on Topic: Financial Planning, Tax Planning,

Branch : Bengaluru
President : Dr. L. Madhushankar
Secretary : Dr. M. Mohan Kumar

and Retirement Planning Presided by Dr. Mohan Kumar M, Hon. Secretary IMA BB, Dr. Anantha Ramaiah Treasurer Dr. Mahesh K Mand EC member were presented. Nearly 36 Members participated in the program. On 4th February 2024: Gaana Vaidya Sammelana - Cultural Program for Doctors of IMA Bangalore Branch at IMA House Chamarajpet Bangalore was Organizing by Dr. Mahesh K M. Dr. Mohan Kumar M Hon. Secretary IMA BB and also EC members were present. Dr. Mohan Kumar M Secretary and Many EC members sang with the karoke songs. We felicitated all EC member with memento. On 5th February 2024: Srinivasam Cancer center in association with IMA Bangalore organized world cancer day Celebration on 5 .2.2024, nearly 30 cancer survivors were felicitated cancer awareness speech was delivered by Pradeep Kumar K N EC Member were presented. On 7th February 2024: Indian Medical Association Bangalore Branch organized cancer awareness and screening camp in association with Ambedkar Dental college on 7.2.2024. Wednesday cancer awareness talk delivered by speaker. (1). Dr. Pradeep Kumar K N Consultant oncologist Srinivasan cancer center. (2). Dr. Hemavathi Srinivasan consultant Gynecologist on screening of cancer cervix and ca cervix followed by cancer and general health camp for dental college staff nearly 150members were screened program was president by. Pradeep G principal Ambedkar dental college Bangalore On 14th February 2024: IMA Bangalore Branch ladies women's wing conducted Health checkup awareness program IAP BPS in association with BAHA, KAR AHA and IMA Bangalore Women's wing celebrated World Anemia Day at Siddaiaha Road Referral Hospital BBMP. Public awareness program to the 35 parents of children and Adolescents and 15 pregnant women regarding Anemia, causes and how to prevent it and adoption of healthy food platter was given faculties. Dr. Anusuya S from IMA women's wing, Dr. Padmavathi N Secretary BAHA, Dr. Vinitha Pediatrician IAP BPS And BAHA Member. On 18th February 2024: 3rd Public Health Guest Lecture (PHGL) was conducted by IMA BB in association with Cardiological Society of India- Bangalore Branch and Medical Education & Research Trust, Bangalore at the IMA Auditorium, IMA House Bangalore at 4. 30PM. This program was attended by 45 persons, under the leadership Dr. Mohan Kumar M, Hon. Secretary IMA Bangalore

Branch Dr. Mamatha M, PHGL Chairman Dr. H G Suresh EC member were present. Number of speakers: 2. (1) Dr. Madhulika Interventional Cardiologist Apollo Hospital Bannerghatta Road, Bangalore gave a talk on "Lifestyle Modifications to Prevent Heart Disease" (2) Dr. R K Saroja MBBS.MD (RD) DRM (Mumbai) RSO (Radiation Safety Officer). Retired Professor of Radiology and Head of Department Bangalore Medical College gave a talk on "Thyroid gland and

it's disorders". We felicitated them with a Memento and Certificate. Every Saturday: IMA Bangalore Branch is conducting Free Medical checkup Camp in association with TTD Vyalikaval, Lions Club, Manipal Hospital, Miller's Road and Srinivasa Health Care at TTD, Vyalikaval, 100 People attended the camp. Screened for Diabetes & Cardiac camp at TTD Devastanam Bangalore Lions club.

Branch : Bengaluru North
President : Dr. Sreedhar G
Secretary : Dr. Satish Ramana K.S

IMA Bengaluru north branch in association with Manjunatha Nethralaya, Hesaraghatta road organized a CME Program on 10.02.2024 at our IMA Bhavan, Chikkabanavara. Details of Topics and Speakers are as follows. TOPICS (1). "Refractive surgeries and advances in Keratoplasty" by Dr Thungappa K.S, senior Consultant Cornea refractive and cataract surgeon and (2) "Diabetic Retinopathy" by Dr Manjunath M.C, senior Consultant cataract and Vitreo retina surgeon.



Branch : Bidar
President : Dr. Sanjay Chanda
Secretary : Dr. Veerendra Patil

On 10 th February IMA BIDAR branch conducted a free Health camp in Siddharood Hospital Bidar, for the poor and needy patients. The divine presence of His Holiness, Shri Shivkumar Mahaswamiji, added a spiritual dimension to the event, enriching the experience for all involved. It is

through such collective efforts and blessings that we can make a meaningful difference in the lives of those in need. The staff of Siddharood Hospital co-operated very well for the success of this camp. Doctors of IMA Bidar from Surgery, Orthopedic OBG, Medicine, ENT & Ophthalmology department, gave their valuable services. The overwhelming response and the positive outcomes of the health camp are a testament to the importance of such initiatives in addressing healthcare disparities and promoting overall wellness in our society.

Branch : Chitradurga
President : Dr. P.T.Vijayakumar
Secretary : Dr. K.M.Basavaraj

On 26.01.2024 Republic Day was celebrated at IMA Premises and followed by plantation and cleaning programme around IMA Hall. On 02.02.2024 CME Programme was conducted. In association with Vasavi Hospital, Bangalore. Topic: "Joint Preservation Surgeries an Update" and "Recent advances in Management of



Gynecological Cancer" by Dr. Srivatsa Subramanya and Dr. Nisha Buchade Kanaka respectively.



On 26.01.2024 Republic day was celebrated. With flag hoisting. Brigd Sudhindra Itnal was invited as chief guest. IMA president Dr Satish Irkal, joint secretary Dr Suhas Hanchinamani, treasure Dr Sapan and IMA members attended the event. The same day conducted General body meeting, attended by IMA president Dr Satish Irkal, joint secretary Dr suhas hanchinamani, treasure Dr Sapan and IMA members attended the event. Meeting followed by breakfast. On 30.01.2024 Celebrated Covid Martyrs day, attended by IMA president Dr Satish Irkal, joint secretary Dr suhas hanchinamani, treasure Dr Sapan and IMA members attended the event. Meeting. Dr Shivashankar Pol and Dr H M Joshi were remembered. Family members of the above doctors were invited to the function and

Branch : Dharwad
President : Dr. Satish Irkal
Secretary : Dr. Kiran Kulkarni

felicitated. On 05.02.2024 IMA Dharwad in association with WDW celebrated Awareness programme on importance of girl child, attended by IMA president Dr Satish Irkal and IMA members attended the event. Students enacted a skit in premises of corporation hospital about the importance of girl child, right to education and to stop female feticide. On 05.02.2024 IMA Dharwad in association with WDW and Family planning association of india conducted cervical cancer screening for over 100 female sex workers. Education and awareness regarding safe sexual practices, signs and symptoms related to cervical cancer were imparted. On 10.02.2024 IMA Dharwad in association with WDW organized and conducted mega health check up camp at Kalyan Nagar for senior citizens, free blood sugar, thyroid profile, BMD test, BP screening were done. for over 200 attendees. Dr Sharayu Tavargere along with other specialist doctors of IMA Dharwad attended the camp and rendered their services.

Branch : Gadag
President : Dr. G.S.Palled
Secretary : Dr. Chandrashekhar R. Bellary

On 31-01-2024 On Eve of National Anti leprosy day, Department of Dermatology GIMS Gadag in association with GDA Gadag conducted leprosy quiz for all the post graduates students of dermatology Dept by Dr Veeresh. Awareness talks about leprosy to public by Dr Girish N , Dr Veeresh D, Dr Bhagyashree K and Dr Amulya R. Distribution of pamphlets to public by PGs and Interns. On 05-02-2024 IMA in association with Dept of Health & Family welfare with GIMS, Gadag today conducted Jatha rally to create awareness about cancers on the eve of World cancer day. About 200 members participated including IMA Members, Health care workers, DHO, Director GIMS and Paramedical staff. On 10-02-2024 Saturday. Skin Health check up at Pandit puttaraj gavaigala ashram. Visited Pandit puttaraj gavaigala ashram and treated 120 children with skin ailments on the event of Dr Saleem Jamadar birthday in association with IMA GADAG AND Gadag dermatologist association. Attend by Dr Saleem Jamadar, Mrs Dr Parveen S Jamadar and President of Gadag Dermatologist association Dr Tukaram Sori, Mr Bhaskar Reddy, Mr Anil and Mr Basavaraj Kadiwal. On 12-02-2024 IMA KSB President Dr. S. Srinivasa Visited today to our IMA Gadag Branch, discussed various topics during the meeting. GBM was attended by about 20 members at IMA Hall at 4:00 pm. On CME 14-02-2024 Had CME today at IMA. GUEST Speakers were Dr. Shwetha Sankanur. Talk:WORKING



TOWARDS LIFE BALANCE. and Dr. Lakhsni sir. Talk: RADIOLOGICAL IMAGES IN Pediatrics. CME was attended by about 50 members. On 18-02-2024. Free blood donation and health checkup camp was conducted at Betgeri in association with IMA Blood Bank and IMA Gadag Branch. Health checkup of Various specialities like Medicine, Surgery, Gynaecology, Paediatrics, ENT, Ophthalmology, Orthopaedic etc was conducted by our IMA Doctors. About 30 units of blood collected. On 26-2-24 Breast cancer awareness talk was given by Dr. Sonia. Karur & Dr. Pavan. Patil Breast cancer awareness program was conducted at Gadag Scan centre in association with IMA Gadag And IMA WDW Gadag Mammography and Ultrasound tests were done for women aged above 40 years. The camp was conducted free of cost by Dr Pavan Patil sir in association with Gadag Scan centre Breast cancer awareness talk was given by Dr. Sonia. Karur & Dr. Pavan Patil. On 28-2-24 Health Camp Conducted In Hulkoti With Various Specialities

Branch : Gangavathi
President : Dr. Veena A. Sathish
Secretary : Dr. Arhana Patil

January 26, 2024 – On the occasion of 75th Republic day of INDIA on 26th January flag hoisting ceremony was conducted at IMA Bhavan Gangavathi which was attended by all senior doctors and colleagues with the help of physical education teacher of lions school and with the students of the same school. January 30 2024 – Martyrs day was observed on Jan 30th in remembrance of Dr. Amaresh M who was an eminent ENT surgeon of Gangavathi who breathed his last due to covid , also donated fixed deposits of Rs.8 lakhs to Dr. Asha Jyothi wife of late Dr.Amaresh M from IMA Gangavathi. February 4, 2024 – on the occasion of world cancer day on 4th of February cancer awareness programme was created at Anjanadri Temple by IMA members which was attended by around 20 members. February 4, 2024 – On the occasion of world cancer day, a Radio awareness talk on Cancer was given by Dr. Manjula Patil on Gramina Bharathi Radio station. February 9 2024 – A general health check up camp was arranged by IMA gangavathi for school children of LIONS schools Gangavathi at IMA Bhavan which saw the participation of paediatricians and physicians of Gangavathi. Around 900 students were examined over the period of 3 days. February 10 2024 – A cme was conducted on 10 feb with the topic of OPTIMISING IUI OUTCOMES. Guest speaker was Dr Anupama Patil which was attended by around 30



members. February 12 2024 – A sexual and reproductive health awareness day was conducted by Dr Veena Satish and Dr Uma madam, gynecologists of Gangavathi for adolescent female school children of Kendriya Vidyalay high school. February 13 2024 – Anemia detection camp was held at on of the Government schools at Gangavathi and the students with deficiency were given Iron and Folic acid tablets. February 14 2024 – IMA Gangavathi in association with HCG Hospital Hubli conducted Cervical cancer screening programme at IMA Bhavan where around 128 women underwent PAP smear examination. February 16 2024 – Condolence meeting was held on 16th February in remembrance of Late Nagabhushan Gupta a senior Anesthetist of Gangavathi which was attended by all the senior members and colleagues of IMA Gangavathi. February 18 2024 – One day trip to Vial Resort ,Gadag was arranged on 18th February which saw the participation of of around 20 members of IMA Gangavathi with 8 kids who enjoyed the trip.



On 13th Jan 2024 IMA Kalaburagi organized a WALKATHON "Say NO to DRUGS", Public Awareness

Branch : Gulbarga
President : Dr. Gurulingappa Patil
Secretary : Dr. Lavkumar Loya

Programme in association with City Police Commissionerate office from SB Temple to SVP Chowk. It was a huge success. More than 250 Doctors enthusiastically participated. Office-Bearers and WALKATHON Flag off ceremony conducted by City Police Commissioner Mr. Chetan Kumar sir and addressed the gathering. Total participants were around 750 including Doctors Citizens and NCC students.

Branch : Hassan
President : Dr.H.R.Devadasu
Secretary : Dr.Dinesh Byregowda

IMA WDW Hassan conducted various activities on the occasion of Cervical Cancer Awareness Week in the month of January. IMA WDW Hassan in association with HSOG organized Health Education Program on various topics on



Women /Menstrual Health. The program was aired everyday throughout the week for the benefit of the public. Our members like Dr Rangelakshmi, Dr Savithri, Dr Vishalakshi, Dr Bhavya, Dr Bhavika, Dr Likitha, and Dr.Sanjana gave detailed and informative insights about Menstrual Health in Adolescents, Menstrual problems in mid-age women, pre-conceptual counseling, Breast feeding, Contraception, Menopause, Cervical cancer prevention and treatment. In association with HSOG, IMA Hassan, a Walkathon was arranged on "Cervical cancer awareness". It was inaugurated by Mrs. Poornima B R, IAS - CEO Zillapanchayath Hassan. HSOG and IMA WDW members along with nursing Students from various institutes attracted the public with educative talks, slogans and reading materials. The same was telecasted in the local

channels for public awareness. Cervical cancer awareness program was organized in association with HSOG and IMA Hassan at Bhuvanahalli PHC. Talk on cervical cancer prevention and screening was beautifully presented by all our experts followed by PAP test screening. 60 women were screened and the screening program was sponsored by Dr Savithri A. IMA WDW HASSAN members Dr Vishalakshi (President), Dr Bhavika (Secretary), and Dr Sushma (Treasurer) conducted a health awareness session in Jnanadhare Paramedical Institute, Hassan. More than 100 students had an interactive session on adolescent health, menstrual hygiene, nutrition, cervical cancer prevention and screening, and myths regarding menstruation.



On 19th January 2024: The 3rd Managing Committee meeting of IMA Hubballi branch for the year 2023-2024 was held at IMA House, Hubballi. Around 50 members attended the meeting. On 21st January 2024: IMA Hubballi branch in association with KIMS, Hubballi and Kshamata Trust organized a Mega Free Health Checkup camp at Begur taluk, Kalaghatgi. Chief Guest Shri Govind Joshi and Shri Nagaraj Chabbi, Ex MLC inaugurated the camp. 650 people were examined and free medicines were distributed. Dr G.B.Sattur, Dr S.Y. Mulkipatil, Dr. Prabhu Biradar, Vice President - IMA Hubballi, Dr. Srinivas Joshi, Dr. Prashant Hulkonde and other doctors participated in the camp. On 24th January 2024: Road safety awareness program and BCLS course was conducted by IMA Hubballi, IMA WDW and KIMS Skill Lab at KLE's P.C. Jabin College, Hubballi. Around 100-degree students participated. Dr S.Y. Mulkipatil spoke on Road Safety awareness. Dr Bharathi Bhavikatti, Dr Manjunath Nekar, Dr Kanchana U.T & other members participated in the program. On 26th January 2024: 75th Republic Day was celebrated at IMA House, Hubballi. President Dr Venkatesh Mulimani hoisted the Indian National flag. Secretary Dr Anand Varma, Chairperson IMA WDW Dr Bharati Bhavikatti, and around 60 other members were present for the flag hoisting ceremony. On 28th January 2024: IMA Hubballi branch in association with KIMS, Hubballi and Kshamata Trust organized a Mega Free Health Checkup camp at Morab village. Chief Guest Shri Govind Joshi and Dr S.Y. Mulkipatil

Branch : Hubli
President : Dr. Venkatesh M. Mulimani
Secretary : Dr. Anand V. Varma

inaugurated the camp. 750 people were examined and free medicines were distributed. Dr Srinivas Joshi, Dr Bharat, Dr Salma and other doctors participated in the camp. On 4th February 2024: IMA Hubballi branch in association with Radon Cancer Foundation and IMA WDW observed World Cancer Day by creating awareness amongst the public about cancer prevention and contribute in reducing the global impact of cancer at Amphitheatre, Tolankere Lake, Hubballi. IMA President - Dr Venkatesh Mulimani, Treasurer - Dr Sheetal Hiregoudar, Dr Sanjeev Kulgod, Dr Sheetal Kulgod, Dr Bharti Bhavikatti, Dr Asha Patil and other members participated in the event. On 4th February 2024: IMA Hubballi branch in association with Radon Cancer Foundation and IMA WDW conducted free HPV Vaccination Drive at Radon Cancer Centre, Hubballi on the occasion of World Cancer Day. Around 25 beneficiaries were given HPV Vaccination. IMA President - Dr Venkatesh Mulimani, Dr Ishwar Hosamani, Dr Sanjeev Kulgod, Dr Sheetal Kulgod, Dr Bharti Bhavikatti, Dr Asha Patil, Dr Shashikala Hosamani, Dr S.Fattepur, Dr Mohan Bhavikatti, Dr Ravi Kiran and other members participated in the program. On 4th February 2024: IMA Hubballi branch in association with KIMS, Hubballi and Kshamata Trust organized a Mega Free Health Checkup camp at Tavargeti, Kalaghatagi Taluk. Chief Guest Shri Nagaraj Chabbi, Ex MLC inaugurated the camp. Around 1000 people were examined and free medicines were distributed. Dr S.Y. Mulkipatil, Dr Srinivas Joshi, Dr Ameet Sattur, Dr Vinayak B, Dr Mohan S., Dr M.J. Jeevannavar and other doctors participated in the camp. On 12th February 2024: IMA Karnataka State Branch President Dr Srinivasa S. visited IMA Hubballi Branch. President addressed Interns & PGs at Golden Jubilee Hall, KIMS, Hubballi. Later He addressed all IMA Members in IMA Hall. There was a healthy interaction

among IMA KSB President & other IMA members. He requested the members to mobilize IMA membership and enroll for IMA KSSS, IMA KPME and IMA Karnataka State Health Scheme which will benefit the individuals as well as family members. He was felicitated by IMA Hubballi branch & he appreciated all the activities being regularly conducted by our branch. The meeting was followed by lunch. On 13th February 2024: The 4th Monthly meeting IMA Hubballi branch for the year 2023-2024 was held at Hubli Gymkhana Club, Club Road, Keshwapur, Hubballi. Around 80 members attended the meeting. On 13th February 2024: IMA Hubballi Monthly CME was held at Hubli Gymkhana Club, Club Road, Keshwapur, Hubballi. Dr. Rashmi Angadi, Director and Chief Consultant Nuclear Medicine & Molecular Imaging PET-CT, NeuMod Digital

PET-CT, Hubli spoke on "Digital Transformation in Cancer Diagnostics-Statistical Evidences". Around 160 members attended the CME. On 15th February 2024: IMA Hubballi branch organized a lecture on HIV/AIDS Awareness at Nursing College, Mahila Vidyapeeth, Hubballi Dr. B.P.Yalgi was the Faculty speaker. Around 100 nursing students attended the program. On 18th February 2024: IMA Hubballi branch in association with KIMS, Hubballi and Kshamata Trust organized a Mega Free Health Checkup camp at Tarihal village. Chief Guest Shri Govind Joshi inaugurated the camp. Around 550 people were examined and free medicines were distributed. IMA Secretary - Dr Anand Varma, Dr S.Y Mulkapatil, Dr Srinivas Joshi, Dr Sachin Hoskati, Dr.Manjunath Pradhani, Dr.Veeresh Hebballi, & other doctors participated in the camp.



On 24-12-2023 Hypertension and D. Mellitus Detection Camp at local Daneshwari Mahila Society 24-12-2023 Inauguration of Dr. Halingali Children's Hospital. 03-01-2024 Health awareness talk for local college students 12-

Branch : Jamkhandi
President : Dr. H.G.Daddi
Secretary : Dr. Biradar

01-2024 Participation in Blood Donation Camp by Lions club/Neevan Blood Centre. 16-01-2024 Participation in preliminary meeting in Connection with Republic Day Celebration. On 26.01.2024 Participation in Republic Day Celebration. 30.01.2024 Covid-19 Martyrs Day was observed in the Clinics and Hospitals By lighting Candles. 31.01.2024 Beti Bachao, Beti Padhao and PCPNDT awareness programme For doctors & health workers by Health Department, IMA and Judiciary. 01.02.2024 Finance management program for IMA members by Motilal Oswal Financial Services.

Branch : Koppa
President : Dr. Anitha N. Rao
Secretary : Dr. Sania Sabahi

On 26/1/2024 Republic day was celebrated by hoisting the flag at Adarsh Hospital Koppa. Free Endoscopy camp was conducted at Shalini Diagnostics, Koppa. Dr Niranjan, Endoscopy surgeon from Shimoga conducted Upper GI endoscopy for 10 cases. On 03/02/2024 CME was conducted by NU Hospital. Topic (1). "Kidney Transplant - The basics" by Dr Praveen Malawade and (2). "Donor



evaluation & harvesting of kidney for transplant" by Dr Pradeepa M G and (3). "Let's talk infertility by Dr Abhilash E.



Branch : Krishnarajanagar
President : Dr.Mahendrappa K.R.
Secretary : Dr.Ajay A.S.

On 22-12-2024: Annual General Body was conducted. This was followed by 230th CME Programme at IMA House, K.R.Nagar. Dr. Lakshmi Narasimhan.R, Consultant Pulmonologist, Manipal Hospital, Mysore spoke on "How Intervention Pulmonology can help your patients". Dr.

Thimmaiah.K.A., Consultant Urologist, Manipal Hospital, Mysore spoke on "Common Urological Conditions". About 40 members attended the Programme. The programme was Sponsored by Manipal Hospital, Mysore. On 3-2-2024: Installation of New Office Bearers followed by 231st CME Programme was conducted at IMA House, K.R.Nagar. Dr. Chethan.B., Consultant Pediatrician and Neonatologist, Motherhood Hospital, Mysore spoke on "Respiratory

Distress in New Born". Dr. Shweta Nayak, Consultant Obstetrics and Gynaecologist, Motherhood Hospital, Mysore spoke on "Cervical cancer prevention and HPV Vaccine". Dr. P.C.Kumaraswamy, DHO, Mysore was the Chief Guest. About 50 Members attended the Programme. The Programme was Sponsored by Motherhood Hospital, Mysore.



Branch : Kundapur
President : Dr. Pramila Nayak
Secretary : Dr. Mahima Acharya

CME on Low Back Ache & Robotic Spine Surgery was conducted on 24.02.2024 by IMA Kundapura in association with Manipal Hospital (Old Airport Road), Bengaluru. Dr. S. Vidyadhara, Chairman & HOD, Spine Surgery, Maipal Hospital, Bengaluru was the resource person.

Branch : Mangaluru
President : Dr. Ranjan R K
Secretary : Dr. Avin B R Alva



IMA KSB STATE PRESIDENT Dr.Srinivasa S visited Mangalore IMA Office on January 20th 2024. During his visit he attended Kanachur Medical College, K S Hegde Medical Academy, Yenepoya Medical College, A J Medical College and Father Muller's Medical College and motivated the faculties to utilise the discounted membership offer available to them. Later he met DHO and DMO of Government Hospital to promote IMA Membership campaign and requested them to support. IMA Membership Drive. IMA State Sub Committee Chairman Dr.G K Bhat, IMA KSB CGP Director Dr.Annayya Kulal, IMA Mangaluru Branch Secretary Dr.Avin B R Alva accompanied IMA State President whole day. Formal function regarding the Membership Drive campaign was held at Kanachur Medical College on the same day. On the occasion of "National Girl Child Day- 2024" Indian Medical Association Mangaluru branch and IMA Women Doctors Wing organized painting and Essay writing competition for high school girl students on 24th January 2024 . Also the painting competition was held for all the girl kids of IMA Mangalore Doctors - Theme being "National Girl Child Day-2024". The monthly CME Programme on "Prevent, Treat, Defeat Sepsis" was held on 25th January 2024 at IMA House, Mangalore in Association with Indian Society of Critical care Medicine. Dr.Sripada G Mehandale, Professor and HOD Dept. of Anesthesiology and Critical care, K S Hegde medical Academy, spoke on Hand Hygiene. Dr. Nishanth Baliga, Assistant Professor, Critical Care

Medicine, Father Muller Medical College, Mangalore spoke on Surviving Sepsis guidelines. Dr. V K Vineeth, Assistant Professor and Consultant Infectious Diseases, Yenepoya Medical College, Mangalore spoke on Case based Discussion - Bacterial Sepsis. Dr. Vijay Sundarsingh S, Associate Professor, Critical Care Medicine, Father Muller Medical College, Mangalore spoke on Case based discussion - Fungal Sepsis. Dr. Chakrapani M, Professor and Unit Head, Dept. of Medicine, Kasturba Medical College, Mangalore spoke on Case based Discussion -Viral And Parasitic Infection. Dr. Rouchelle Tellis, Professor and HOD of Microbiology, Yenepoya Medical College, Mangalore spoke on Diagnostic Challenges in Sepsis. A video was played on Sepsis awareness by the Indian Society of Critical Care Medicine. The programme was attended by 95 members of IMA. CME started with IMA prayer by Dr. Jessy Maria D'Souza. IMA President Dr.Ranjan R K welcomed the gathering and gave a brief introduction to invited guests and speaker. Dr.Avin B R Alva proposed the Vote of Thanks. The very next day (26th January 2024) Republic Day function was held at IMA House premises. The Chief Guest was Dr. Venkatraya Prabhu, Past President IMA Mangaluru.

The flag was unfurled by IMA President Dr. Ranjan R K. Flag hoisting ceremony was followed by our Chief guest Dr. M Venkatraya Prabhu's speech on the constitution of India and Republic day. As per the directions from the IMA Headquarters for the 1st time after the Covid-19 Pandemic "Covid-19 Martyrs Day" was conducted on 30th January 2024 at IMA House Mangaluru. Dr. Sharath Babu, Pulmonologist, Wenlock District Hospital, Mangaluru was the Chief Guest of the function. We requested him to be the Chief Guest since he had actively involved in treating patients during Covid-19 Pandemic. This day was conducted as the IMA sincerely believes that we need to remember acknowledge the sacrifices and salute our beloved healthcare professionals. We had invited few affected families to participate in the function since it would be an emotional gesture to express our gratitude and solidarity with them during this difficult time. Out of the invitees, 3 members from the families (who lost their life due to Covid -19) attended the function. The family members of Covid -19 Martyrs were honored with shawl

and memento symbolizing our eternal appreciation for their loved ones 'sacrifice. In the evening "Candle Light March" was arranged to remember and Honour the Covid -19 Martyrs. On 31st January 2024 - Girl Child Day month, Indian Medical Association Mangaluru Branch and IMA Women Doctors Wing, organized panel discussion on "TEENAGE OR TEEANCHE!" Dr. Prabha Adhikari, President, IMA WDW welcomed the gathering. Dr. Jessy Maria D'Souza, President Elect, IMA Mangaluru branch, Dr. Avin B R Alva, Secretary IMA Mangaluru branch were on the dais. Dr. Prameela Shekhar, Mental Health Professional, Manashanthi, Mangalore and Dr. Supriya Hegde Aroor, Prof & HOD Psychiatry, FMMC Mangalore, were the panelists of the function. Lot of discussions took place on Teenage problems and Teenage stress among the audience and the panelists. Dr. Shwetha Kamath, Secretary IMA WDW Mangaluru was the Moderator of the panel discussion. The function was concluded by Vote of Thanks proposed by Dr. Shwetha Kamath, Secretary IMA WDW Mangaluru.



Branch : Mandya
President : Dr. T. N. Marigowda
Secretary : Dr. M. Vinay

On 26 Jan 2024 Dr Marigowda, President IMA Mandya Branch, other office bearers and IMA members celebrated the republic day celebrations at IMA hall Mandya. On 28 Jan 2024 Dr PM Jagadeesh Kumar Senior Pediatrician Mandya is unanimously elected as national pediatric association. resident, Secretary, office bearers and members of IMA Mandya Branch ongratulate him. He chaired a session by eminent speaker Dr Shobana Gupta, IAS officer Deputy commissioner child health program, Min. of H&FW, New Delhi at Mysuru. On 30 Jan 2024 Tributes for covid martyrs, remembering the brave sold who lost their lives fighting the pandemic was held. Late Dr Nagarajus family and Dr Rajshekar families were visited and they were honoured and condolences were given. Dr Marigowda, President IMA Mandya Branch, Dr VL Nandish, Dr Jagadeesh kumar, Dr Krishnappa, Dr Siddegowda MS, Dr

Guptha and other office bearers and IMA members were present for the occasion On 05 Feb 2024 We celebrated World cancer Day in association with DHO office. Jatha was done where Dr Nagaraj (ADC) Dr Mohan (DHO) Dr Marigowda, President IMA Mandya Branch, Dr VL Nandish, Dr Jagadeesh kumar, Dr Krishnappa, Dr Siddegowda MS, Dr Guptha and other office bearers and IMA members were present for the occasion. The jatha was flagged off by Dr Nagaraj (ADC) and spoke regarding cancer awareness, prevention, early detection and prompt treatment. On 07 Feb 2024 Dr Marigowda, President IMA Mandya Branch, and IMA office bearers attended meeting regarding pulse polio meeting which is to be held on 03 to 07 March 2024. Discussions were held with DC and DHO regarding awareness, and successful implementation of the program both at booth level and house to house levels. All IMA members especially pediatricians, hospital owners, nursing homes, clinics etc were informed about pulse polio program and were encouraged to actively make the program a success. On 20 Feb 2024 Dr Vasumathi Rao, senior OBG specialist attended PCPNDT meeting at DC office to discuss regarding quackery and identified a few quacks practicing in Mandya district.

Branch : Mundargi
President : Dr. Annadani M. Meti
Secretary : Dr. Prakash Hosmani

On: 20-02-2024 "WORLD CCNCER DAY" was observed by organising a talk about " Causes & Prevention of Cervical Cancer " for Women. Health professionals & folk women participated in the event. It was followed by a GB meeting of IMA MUNDARAGI Branch. On 29-02-2024: IMA



MUNDARAGI branch had organised a public awareness talk for Jawahar Navodaya Vidyalaya Girl Students of Adolescent Group about “ Adolescent Nutrition and Menstrual Health”.

Branch : Mysuru
President : Dr.M.S.Jayanth
Secretary : Dr. Shivashankar. B.N

In association with District Health and Family Welfare Department, Inner Wheel Club of Rotary, North and Indian Medical Association Mysuru Branch organised Health Checkup Camp for Malnourished Children in SMT Hospital, Near Nanjungalige Circle, Mysuru on 19th January 2024. In this camp, the associated team distributed free Multivitamin Syrup, Iron Syrup and Calcium Syrup to around 100 children. Dr. M.S. Jayanth, RCH Officer and President of IMA Mysuru Branch, Dr. Shivashankar. B.N,



Secretary IMA Mysuru, Members of Inner Wheel Club of Rotary, North and Health workers were present during the camp.



Branch : Nelamangala
President : Dr.M.Jayaprasad
Secretary : Dr.S.Rajendra Prasad

On 16.02.2024 CME programme was conducted. Topic: “Recent Advances in Surgical Oncology” by Dr. Dharma Kumar K.G. Consultant Oncosurgeon and Laproscopic Surgeon, Amrutha Super Speciality Hospital, Nelamangala. (2). “Lasers in Urology” by Dr. Manjunath S. Consultant Urologist, Andrologist and Renal Transplant Surgeon, Amrutha Super Speciality Hospital, Nelamangala.

Branch : Raichur
President : Dr.Arun K.N.
Secretary : Dr. Shree Harsha Patil

75th Republic day was celebrated on 26 January, 2024 at IMA premises. President Dr. Arun K N hoisted the national flag, Vice President Dr Anirudh Kulkarni, Secretary Dr Shree Harsha Patil, Joint Secretary Dr. Ramangowd & Treasurer Dr. Pavan Kumar. K and other IMA members were present during the occasion. New vehicle for RIMACT for biomedical waste disposal from various hospitals of Raichur district Purchased. Pooja done on 26th January 2024. IMA Raichur celebrated 75th Republic day a unique event by organizing blood donation camp of esteemed



members. Such camps with doctors as blood donors will help promote and motive other organizations / associations to liaise with our blood bank and conduct

voluntary blood donation camps. About 20 units of blood collected. IMA in association with Beats Heart Care Foundation conducted CPR workshop on 09-02-2024

speaker was Chairman, BLS Sub-committee Dr. Raman Gowd.

Branch : Ranebennur
President : Dr.Praveen Khannur
Secretary : Dr.Virupakshappa.T.K

Celebration of "National Girl Child Day" by conducting the poem writing competition to the High School students on 24/01/2024. The prize distribution was done to the winners on 07/02/2024.



Branch : Shimoga
President : Dr. Ramesh C
Secretary : Dr. Aravindan R

On 24-01-2024: Cervical cancer prevention weak: Our women doctors wing conducted an awareness lecture in IMA hall on carcinoma cervix which was well attended by more than 30 attendees. Dr Hema mohan spoke on statistics, signs, symptoms and treatment of carcinoma cervix and Dr Shantha shekar spoke on how, why and when to give HPV vaccine. Programme was presided by WDW president Dr Vishalakshi Moogi. 24/01/2024: CPR awareness program: In continuation of Hands only CPR awareness program for public IMA Shivamogga conducted a demonstration on at Bhumika Mahila Sanga, Gandhi nagar, Shivamogga. Dr. K Anup Rao demonstrated the skills and few participants got hands on training. 26-01-2024: Republic day celebration: Around 80 members attended the republic day celebrations and unfurling of national flag. Dr Ramesh, IMA president unfurled the flag and spoke on importance of the day. 28-01-2024: Karnataka vaidya barahagaarara sameelana, online -zoom programme: The first online program conducted by Shimoga IMA has been very successful. Beautiful, clear presentation by Dr. Bharathi, introduction by senior doctor Dr.P.Narayan, who shared many things that we did not know about the golden jubilee year of Shimoga IMA. Dr.Gangadhar's story was wonderful as always. Dr. Kaustubha has given comprehensive information with beautiful photographs about the less known beautiful spots of Shimoga. Dr. Parameshwar Shiggaon succeeded in making us very interested in astronomy by sharing many interesting facts about star constellations. The multi-talented Dr. Chetan

entertained by displaying his painting and musical arts. As an exception to the serious surgeons, young surgeon Dr. Niranjana is making his mark in standup comedy. All in all, he gave a good response. On 30-01-2024: Covid martyrs day: we observed martyrs day (ಹಾತಾತ್ಮರ ದಿನ) -meaningfully, remembering our lost souls because of covid. We paid tribute by flowering der photos and a silent candle light march. Dr Ramesh presided the programme and spoke regarding his companionship with Dr Mallesh Hullmani Sir. Dr biradar- Dr. shrikanth Hegde, dr lakshminarayanachar, Dr Swaroop Hullmani remembered spoke about Dr Kadagi sir and Dr Mallesh Hullmani. On 4-02-2024: CME ON CARCINOMA CERVIX BY WDW; On eve of world cancer day awareness programme, WDW conducted a CME, along with FOGSI on different topics. Dr Ramesh spoke on closing the care gap, dr prashanth gave a lecture on gestational trophoblastic tumors and dr shantha shekar spoke on cervical cancer prevention, HPV vaccine. Cme was well attended by more than 50 participants. On 7-02-2024: meeting DC IMA doctor's led by President Dr.Ramesh met and greeted the new Deputy commissioner Sri Gurudutta Hegde. Dr.Ravish Dr.Sreekanth Hegde, Dr.Aravind & Dr.Shambulinga were present on the occasion. On 08-02-2024: cme by Sahyadri Narayana hospital on cancer day awareness: Team of oncology doctors from SNH shimoga gave an awareness talk on cancer care which was attended by more than 120 attendees. Dr Aparna Srivatsa gave a talk on different chemotherapeutic options. Dr vivek who is an surgical oncologist spoke on appendiceal mucocele treatment. Dr Nadally Ravi- radiation oncologist spoke on different radiation techniques. On 9-02-2024: star gazers club We officially started stargazers club in our IMA community headed by Dr Parameshwar Shiggaon. We had a talk given by him and also, we, group of enthusiast visited his house to view sky thru his home made telescope over his terrace.



IMA-WDW "Drithi" in association with IMA celebrated sankranti on January 14th . It was a joyful event for all the family members of the IMA Sindhanur, playful family games were organised along with Concise speech on stress

Branch : Sindhanur
President : Dr.K.Shivaraj Patil
Secretary : Dr.Amar Patil

management and Joyful living by Professor Siddu Yapalaparvi in Samskruthi garden City. Delicious feast was organised by our own IMA member DR swarnalatha. Hoisted the National flag on January 26th on the occasion of Republic Day. IMA in association with IMA Kannada Vaidya Barahagarara Sanga conducted an oratation programme on 18th February with Sahana hospital which was attended by more than 300 students their parents and teachers. Dr Subrata k s professor SIMS Shivamogga, gave a lecture on studying and preparing for exams for all the students.

Branch : Sirsi
President : Dr. G.V.Madukeshwar
Secretary : Dr. Suman Hegde

A training programme was conducted by Dr Vinayak.S for Primary School Teachers on NPPCD on 20.01.2024 Republic day was celebrated by unfurling the National Tricolour at IMA Premises on 26.01.2024 Juvenile Diabetes Camp with free distribution of glucometer devices,insulin injections, lancets and pens was conducted on 30.01.2024 at Mahalaxmi Memorial Hospital. 20pts got benefitted. Four blood donation camps, at govt hospital Sirsi, Yellapur, Degree College-sirsi and Taluka hospital Joida were conducted by PG Hospitals IMA Blood bank with total collection of 169 blood units. Dr Suman Hegde and Dr Mamta Hegde attended the camps. A CME 'LEARNING CURVE' was organized in association with Nanjappa Lifecare Shimoga on 3rd of Feb. Oncosurgeons and Radiation oncologist wonderfully dealt with topics like - Can we avoid Mastectomy ? Radiotherapy Planning, What is the optimal Surgery ? The resource persons were Dr Guruchanna, Dr Aravindan and Dr Sharaschandra. Dr Rohit Hegde, a Urologist and a new IMA life member was introduced on that day. Dr Dinesh Hegde won Runners trophy in National Shuttle Badminton Tournament at National Pedicon, Kochi on 25.01.2024 Haemoblobin detection camps were conducted at 8 places covering 350 pts in association with Procter and Gamble pvt ltd and awareness about anaemia was spread by our members.



National Girl Child and Cancer awareness week was observed on 12.02.2024 at Lions school. Awareness about Cancer screening, HPV vaccination and Anaemia was given. Dr Mamta Hegde and Dr Roopa Madhukeshwar were the resource persons. Another CME by PINNACLE- A Hysteroscopy, Laproscopy and Cosmetic Gynaecology Training Academy at Goa was organized. Dr Uddhav pawar spoke on Hysteroscopy and Dr Vikram Dukle spoke on Enigma of Modern Gynaecology on 10th of feb.Dr Maitryi Patwardhan, a new IMA life member was introduced on that day. On the occasion of 'Rathasaptami', 108 Surya Namaskaras were performed at Nemmadi Kuteera organized by IMA Rotary Yoga Shikshana Kendra and other associations. 'RAMAYANA SAMVADA" was held on 17th of Feb at Nemmadi Kuteera by IMA Kannada barahagarara sangha. Dr Shivram.K.V, Dr Krishnamurthy raysad and Dr Tanushree spoke on various aspects of Ramayana.

On 21-1-2024 State Divisional Co-Ordinators Meeting Attended a IMA Karnataka State Branch, Bengaluru. Dr Rangaswamy HV President IMA Tumakuru and Dr Mahesh G Secretary of IMA Tumakuru attended the meeting. On 25-1-2024 District MTP Committee meeting at DHO Office Tumakuru. On 26-1-2024 Republic Day was conducted at

Branch : Tumkur
President : Dr. Rangaswamy.H.V.
Secretary : Dr. Mahesh.G

IMA Premises, Tumakuru. On 28-1-2024 Guinness

Record breaking IMA, Tumakuru was major NGO along with other NGOs to join hand with corporation, Tumakuru for this Guinness Record breaking (of QUATOR in english during 2021) by making the word TUMAKURU in Kannada using collected plastic bottles by Plagathon at Tumakuru stadium. On 30-1-2024 Anti-Leprosy Day Program at Sri Siddhartha Medical College, Tumakuru, Theme of the Program : Beat the Leprosy. On 30-1-2024 Covid Martyr's Day was arranged at IMA Tumakuru Premises, Tumakuru. A tribute to Doctors who gave their lives during covid-19 by Lighting Candles by their name MO, Dr.Manjunath, PHC Urdigere, Dr. Mallinath Prabhu, Gyneocologist, Gowtham hospital and Dr. Shivakumar, Shivu Clinic, Batawadi, Tumkur. On 3-2-2024 Activity Name : World Cancer Awareness Day and Press Meet at activity : IMA Tumakuru Premises, Tumakuru In the Press meet. IMA President Dr Rangaswamy HV, IMA Secretary Dr Mahesh G, Dr.Prashanth B N, Dr. J Girish, DR. Sunitha, Dr. Pushpa Nag, Surgical Association Of India Secretary Dr Chethana, Surgical Oncology Consultant Dr. Darshan Patil, Dr. Manjunath and Press Representatives were present in the press meet. On 3-2-2024 Cancer Screening Camp on the occasion of World Cancer Awareness Day at IMA Tumakuru Premises, Tumakuru. Program conducted in Association with n association with IMA, District Surveillance, Tumakur Surgical Society, Aster CMI Hospital, Bangalore. On 4-2-2024 Jatha related to World Cancer Awareness Day at Jatha Started from District Hospital Tumkur, Program conducted in Association with District Health and Family Welfare, Dist Surveillance Unit, Dist Administration and IMA Tumakuru. On 5-2-2024 World Cancer Awareness Program at Sneha Bharathi College of Nursing, Tumkur. On 5-2-2024 Tumakuru Corporation Budget Meeting at Tumakuru City Corporation. Suggestion /Issues raised: Suggested to make



Tumakuru Town a 'Clean City' and green city along with smart city. Also emphasized about Control of Mosquito breeding by right solid waste management. Special mention made about control of street dogs by Animal Birth Control Act implementation throughout the year. On 14-2-2024 Meeting related to KPME, PCPNDT and BMW management and Maternal Mortality and District Surveillance Activity Review at District Commissioner's meeting hall, DC office, Tumkur Under the Chairmanship of DC, Tumakuru. On 14-2-2024 Regular Health Check up to villagers of Gaddehalli, Gubbi Taluk at Gaddehalli, Mavinahalli PHC, Gubbi Taluk. In association with East Point Hospital Bangalore, Dist Health and Family Welfare Dept., Taluk Health Office, Gubbi. Villagers of Gaddehalli tested for NCD Clinic, Diabetic and hyper tension, ECG for cardiac evaluation was done in Govt Higher Primary School, Gaddehalli. Awareness was given about health. Free medicines distributed to patients. On 18-2-2024 Islet 2024, Cardiometabolic Conclave at Four seasons Hotel, Bengaluru. Dr. Mahesh G, Secretary, IMA Tumakuru attended the conference. Conference conducted by RSSDI, Bengaluru.

Branch : Udupi-Karawali
President : Dr. Rajalakshmi
Secretary : Dr. Archana Bhaktha

On 08.01.2024: Puraprevesh of Puthige Swamiji during Vishwa Geetha Paryaya: Members of IMA UK and WDW represented IMA at the Puraprevesh of Puthige Swamiji during Vishwa Geetha Paryaya which takes place every two years at temple town of Udupi. On 21.01.2024: Family picnic: A family picnic for IMA UK members was organized on 21st January 2024 at King of Kings picnic point Brahmavar. Members and family had a gala time with water sports, adventure activities and fun games. On 24.01.2024: Cancer awareness program: On the occasion of National Girl child day and Cancer Awareness week IMA UK organised a Cervical cancer and breast cancer screening awareness talks and Pap Smear camps at Community Health centre Brahmavar in association with Manipal OBG Society, Lions club Manipal & Department of Community medicine KMC Manipal on 24th January 2024. Attended by around 60 participants including ASHA workers



and CHOs 18 smears were collected after preliminary screening with AI assisted VIA. Dr Rajalakshmi President IMA-UK spoke on the relevance of Cancer awareness week and National girl child day, Dr Indira Shanbhag, President WDW IMA UK spoke on breast cancer screening and Dr Ranjitha Nayak spoke on Cervical cancer. Dr Archana Bhaktha secretary IMA, Dr Eric, Dr Vatsala Rao, Dr Mahabal and Dr Venkatesh Shanbhag attended the program. On 27.01.2024: Dr Ranjitha Nayak participated in a TV program on Cervical Cancer

programme was conducted. On 28.01.2024: Awareness talk on sexual health and prevention IMA Udipi-Karavali arranged Awareness talk on sexual health and prevention of STDs to sexual workers at guard centre Udipi in association with district surveillance unit and NCD unit on 28th Jan Dr Rajalakshmi was the resource person Dr Amna Hegde attended the function The camp had good attendance of 60 , they were screened for general health, diabetes and STDs like HIV and Syphilis. On 30.01.2024: COVID Martyr's day: COVID Martyr's day was observed at IMA bhavan by IMA UK on 30/01/2024 District COVID Nodal Officer Dr Shashikiran Umakant paid tribute to those who lost their lives while treating COVID patients. A minute of silence was observed in respect of the Martyrs. On 04.02.2024: World cancer day On the occasion of World cancer day on 04/02/2024, Dr Rajalakshmi president IMA UK gave a special radio interview on Prevention of cervical cancer. On 10.02.2024: Free general health checkup camp: IMA UK conducted a free general health checkup camp in association with District Surveillance Unit and District NCD unit on 10/02/2024 at Kinnimulky Dr Shruthi Ballal spoke on Lifestyle in Diabetes Dr Rajalakshmi, Dr Archana Bhaktha and Dr Amna Hegde were present On 14.02.2024: awareness session on Adolescent health and

hygiene and girl child safety: An awareness session on Adolescent health and hygiene and girl child safety to students of Mount Rosary Higher Primary school Kallianpur. Attended by 230 students and 9 teachers Dr Rajalakshmi was the resource person. An interactive session where many students presented take home messages and expressed their opinions at the end. On 16.02.2024: General Health check-up Camp: A general health checkup and free Hb, RBS and Thyroid dysfunction testing done at Goretti hospital on 16-02-2024 in association with WDW IMA UK and MOGS with 58 participants. On 18.02.2023: CME IMA-Udipi Karavali Conducted regular monthly CME on 18/02/2024. Dr. Vyshak U S associate professor of chest medicine at Yenepoya Medical College Mangalore spoke in detail about Obstructive sleep apnea. Very interactive session well attended by the members. Udipi district coordinator IMA Dr Vasudev S gave a detailed session on various schemes of IMA. Dr Rajalakshmi President IMA-UK presided over the function. 11 new members who became members of IMA UK under the membership drive were introduced during the CME. Quarterly bulletin of IMA UK - IMA capsule was released during the CME. Our member Dr.Rajalakshmi publishes an excellent article "ಮುಖ್ಯವೆ ಒಳ ರುಟ್ಟು" in a monthly magazine "Teacher".

Branch : Yelahanka
President : Prof. Dr. Pavan Kumar. M
Secretary : Dr.Shylakumar. H.K.

On the Occasion of National Girl Child day, Women's Wing: SAKHI-IMA Yelahanka branch conducted an awareness camp at Yelahanka Government hospital on 24-01-2024. IMA team addressed Asha workers and distributed 2000 flyers detailing about girl child education, safety and foeticide prevention so that the message reaches each and every corner of rural Bangalore. .President Dr.Pavan kumar addressed the gathering about importance of girl child. President Elect Dr.Shanthala girish spoke about girl child nutrition and education. IMA Secretary, THO Dr.Shylakumar strongly spoke about Female Foeticide, Dowry harassment, violence against Girl child and asked ASHA workers to inform about such criminal activities to health officers so that prompt actions can be taken. This camp was very satisfactory as IMA team addressed Asha workers. ASHA workers who were motivated, took the pledge of the safety of girl child and promised us to do their best. Whole program was conducted in Kannada. 2.COVID MARTYRS DAY was observed at PAVANHOSPITAL conducted by IMA YELAHANKA BRANCH on 30-1-24 at 6 pm. President Prof.Dr.Pavankumar spoke about the



sacrifices made by the medial fraternity during covid and the need for IMA to help those families. Treasurer Dr.Krishnanaik spoke about how many died during covid and we should have sympathy and empathy towards them. One minute silence and mourning was observed in their memory. Candles were lit in their memory. 3.CME conducted on 2/2/23 in association with Navachethana Hospital at Royal orchid hotel. President Dr Pavankumar chaired the CME session. Guest speakers Dr Raghu and Dr Mallikarjun Sakpal. Topic Management of Decompensated Cirrohosis of liver and its complications. 3. Launched IMA CGP wing of our IMA Yelahanka by CGP wing chairperson Dr Dayanand and secretary Dr Krishnanayak later he spoke about the importance of CGP.

On 11.02.2024 International "SENIOR CITIZENS DAY" and conducted health camp for senior citizens. In association with Sri Sai Education society(R) and District Health Department Celebrated. The programme was inaugurated by Sri Channa Reddy patil (MLA Yadgir), Former MLA Sri

Branch : Yadgiri
President : Dr. Bhagwanth Anwar
Secretary : Dr.Vaijanath Duggani



Dr.V.B.REDDY, President, IMA Yadgir Dr Anwar, Secretary Dr.Vaijanath, Dr.M.S.PATIL Sir, Sri Ajith Raj Jain (Sai education society), Sri Bandeppa Akaal (President senior citizen society Yadgir) were present. Health Camp: IMA YADGIR, District Health Department and KSRTC Yadgir jointly organised health camp for KSRTC family members on 5-2-24. Various specialists of IMA conducted health up and advised free medicines .Around 500 members of KSRTC department got benefitted from the health camp.

President visit to Various Branches



Davanagere




Badami




Hubli

Obituary



Dr. T. Parushuramappa
Davanagere



Dr. Nagabhushan Gupta
Gangavathi

ಅಧೀನ ಅರಿವು ಗೌರವ ಮಕ್ಕಳಿಗೆ ನೀಡುವ ಕೆಲಸ ಮಾಡುವುದು ತುಂಬಾ ಮಕ್ಕಳಿಗೆ ನೀಡುತ್ತೀರು

ಹೆತ್ತವರ ಸೇವೆ ಮಾಡುವುದು ಮಕ್ಕಳ ಜವಾಬ್ದಾರಿ: ತುನ್ನೂರು

• ಹೆತ್ತವರ ಸೇವೆ ಮಾಡುವುದು ಮಕ್ಕಳ ಜವಾಬ್ದಾರಿ ಎಂದು ತುನ್ನೂರು ಹೇಳುತ್ತಿದ್ದಾರೆ. ಇವರು ಹೇಳುತ್ತಿದ್ದಾರೆ, ಮಕ್ಕಳಿಗೆ ನೀಡುವ ಕೆಲಸ ಮಾಡುವುದು ತುಂಬಾ ಮಕ್ಕಳಿಗೆ ನೀಡುತ್ತೀರು. ಇವರು ಹೇಳುತ್ತಿದ್ದಾರೆ, ಮಕ್ಕಳಿಗೆ ನೀಡುವ ಕೆಲಸ ಮಾಡುವುದು ತುಂಬಾ ಮಕ್ಕಳಿಗೆ ನೀಡುತ್ತೀರು.



ತುನ್ನೂರು ಹೇಳುತ್ತಿದ್ದಾರೆ, ಮಕ್ಕಳಿಗೆ ನೀಡುವ ಕೆಲಸ ಮಾಡುವುದು ತುಂಬಾ ಮಕ್ಕಳಿಗೆ ನೀಡುತ್ತೀರು. ಇವರು ಹೇಳುತ್ತಿದ್ದಾರೆ, ಮಕ್ಕಳಿಗೆ ನೀಡುವ ಕೆಲಸ ಮಾಡುವುದು ತುಂಬಾ ಮಕ್ಕಳಿಗೆ ನೀಡುತ್ತೀರು.

IMA-KSB WOMENS DOCTORS' WING ACTIVITIES

Udupidaravali : Jan Taluk level PCPNDT-Workshop: IMA Udupi-Karavali women's wing conducted a taluk level workshop about PCPNDT act to Service representatives, People's Representative and The officers of different departments a Taluk Health office Udupi on 11.01.2024. Our President Dr. Rajalaxmi given information about PCPNDT act.



24.01.2024: Awareness and Examination about Brest Cancer and Cervical Cancer. IMA Udupi -Karavali women's wing conducted Awareness program and Examination about Brest Cancer and Cervical Cancer on 24.01.2024 at Community health centre Bramhavar. 40 ASHA workers and CHOs screened. 18 Pap Smear taken after VIA. Dr.Rajalakshmi. Dr.Indira shanbhag, Dr.Ranjitha S.Nayak are the resource persons of the program. **Dr. Shruthi Ballal**, secretary of WDW udupi karavali has been selected has one of the brand ambassadors for udupi sarees. Our member Dr.Rajalakshmi publishes an excellent article "Muttina Volaguttu" (* write in kannada) in a monthly magazine "Teacher". **Feb 24 :** Interactive sessions wellness for females by Dr.Indira Shanbhag for adults & Dr.Rajalakshmi for adolescent well being, IMA- WDW members Dr.Ranjitha S Nayak & Dr.Rajalakshmi taking help of public media to spread awareness on Cervical cancer.

Mangalore : Jan 24 Indian Medical Association Mangalore branch with IMA women doctors wing celebrated the national girl child day 2024 by conducting an essay writing and painting competition for girl children of various schools along with girl children of IMA doctors. Various schools participated and many entries received. The panel discussion was organized and the Panelists were Dr. Rameela Shekhar, and Dr. Supriya Hegde Aroor and moderator Dr. Shwetha Kamath on the topic "Teenage or Teenache". The panel discussion covered various topics regarding teens namely their changes, disorders,



challenges, addiction, suicide, pregnancies, interaction and responses by parents. The myths and facts regarding the teens were also discussed.

Title of Training Program: CPR and First aid training program by K S Hegde Medical Academy on 30/1/2024 at Nityadar Nagar School from 10am to 12 pm by Prof (Dr) Gayathri Bhat and Dr. Shruthi. K.T. A total of 57students were trained in this program.

BALLARI : JAN 30, WDW BALLARI in association with IMA BALLARI observed "Covid-19 Martyrs Day" on January 30th evening, 6:30 pm and 7:30 pm. A "candlelight march" was conducted from the District Hospital to the IMA Hall to remember and honor the COVID martyrs. WDW BALLARI, IMA BALLARI in Association with District Administration organised *Jatha on 24/01/2024 on occasion of National Girl Child Day* spreading the



message of gender equality and uplifting the status of girl child in our society.





CPR training and awareness program by IMA BALLARI

YALAHANKA : On the Occasion of National Girl Child day, Women's Wing: SAKHI-IMA Yelahanka branch conducted an awareness camp at Yelahanka Government hospital on 24-01-2024. IMA team addressed Asha workers and distributed 2000 flyers detailing about girl child education, safety and prevention so that the message reaches each and every corner of rural Bangalore.



Women's wing IMA Yelahanka, CGP IMA Yelahanka and IMA Yelahanka took part in Pulse polio programme conducted on 3-3-2024 at Yelahanka Government hospital Yelahanka. We also celebrated World Hearing day on the same occasion.

Tumkuru : World AIDS Day : on Dec 1st, 2023 Indian Medical Association, Tumkuru in co-ordination with District Administration, Dist Health and Family welfare, Dist legal service cell, RRC Colleges, Shridevi Institute of Medical Sciences and Hospital, Rotary Central World AIDS Day jatha



program conducted. Jatha was from Town hall to District TB Elimination centre Tumkuru.

Plogathon on 12-1-2024 : Programme organized by Tumakuru Smart City Ltd., under the chairmanship of Dist Administration, IMA Tumakuru Branch. IMA Members and their family participated in the program. Collected wastes lying on the road while doing jogging/walking in 15th ward of Tumakuru.

COVID Martyr's day : IMA wdw tumkur observed COVID Martyr's day on 30/1/2024 at the IMA hall by paying homage to the doctors who lost their lives during the pandemic. Their dedication and determination to serve the society during the pandemic is laudable. A tribute to Doctors who gave their lives during covid-19 by Lighting Candles by their name MO, Dr.Manjunath, PHC Urdigere, Dr. Mallinath Prabhu, Gyneocologist, Gowtham hospital and Dr. Shivakumar, Shivu Clinic, Batawadi, Tumkur. World Cancer Awareness Day on 3/2/2024 Press Meet an Free Cancer Screening Programme : WDW TUMKUR along with IMA, District Non communicable disease cell (NCD cell), Karnataka state chapter Association of Surgeons and Aster hospital conducted Free Cancer screening programme on

3/2/2024 at IMA premises, townhall circle, Tumkur. Around 150 people participated in it. In the Press meet, IMA President Dr Rangaswamy HV, IMA Secretary Dr Mahesh G, Dr Anitha B Gowda, Chairman WDW Tumakuru, Dr.Prashanth B N, Dr. J Girish, DR. Sunitha, Dr. Pushpa Nag, Surgical Association of India Secretary Dr Chethana, Surgical Oncology Consultant DR. Darshan Patil, Dr. Manjunath and Press Representatives were present.

SIRSI : On the occasion of National girl child day and World cancer day, Dr. MAMATA HEGDE President in WDW and Dr. ROOPA M Secretary in WDW spoke



about anemia and HPV vaccination importance, screened 87 girl students of lions school for anemia by spot Hemoglobin tests in that only 7 girls were anemic, we advised them take iron rich foods and get tested in detail then take iron tablets on 12.02.2024.

HASSAN : CERVICAL CANCER AWARENESS WEEK PROGRAMS : IMA WDW Hassan conducted various activities on the occasion of Cervical Cancer Awareness Week in the month of January. IMA WDW Hassan in association with HSOG organized Health Education Program on various topics on Women /Menstrual Health. The program was aired everyday throughout the week for the benefit of the public. Our members like Dr Rangalakshmi, Dr Savithri, Dr Vishalakshi, Dr Bhavya, Dr Bhavika, Dr Likitha, and Dr.Sanjana gave detailed and informative insights about Menstrual Health in Adolescents, Menstrual



problems in mid-age women, pre-conceptual counseling, Breast feeding, Contraception, Menopause, Cervical cancer prevention and treatment. In association with HSOG, IMA Hassan, a Walkathon was arranged on "Cervical cancer awareness". It was inaugurated by Mrs. Poornima B R, IAS - CEO Zillapanchayath Hassan. HSOG and IMA WDW members along with nursing Students from various institutes attracted the public with educative talks, slogans and reading materials. The same was telecasted in the local channels for public awareness. Cervical cancer awareness program was organized in association with HSOG and IMA Hassan at Bhuvanahalli PHC. Talk on cervical cancer prevention and screening was beautifully presented by all our experts followed by PAP test screening. 60 women were screened and the screening program was sponsored by Dr Savithri A. IMA WDW HASSAN members Dr Vishalakshi (President), Dr Bhavika (Secretary), and Dr Sushma (Treasurer) conducted a health awareness session in Jnanadhare Paramedical Institute, Hassan. More than 100 students had an interactive session on adolescent health, menstrual hygiene, nutrition, cervical cancer prevention and screening, and myths regarding menstruation.

FEB 24 : Kick-starting the Sports Month preceding the International Women's Day celebration with the theme "Self-love", IMA WDW HASSAN arranged Badminton tournament for its members. More than 20 members enthusiastically participated in singles and double tournament. Also arranged Women's Cricket Tournament. The members made the tournament a success with their sportsmanship and enthusiasm. Members' families were present to cheer the ladies. The kids enjoyed by running the commentary and crashing the field in between the matches. CARDS MELA was arranged next. Everyone enjoyed a relaxing yet exciting evening with 8 hours non-stop gaming!

BHADRAVATHI : Jan 24 : Cervical Cancer awareness session and pap-smear camp was organized by WDW, IMA Bhadravathi and SOGS on 31st Jan 2024. WDW Chairman Dr Veena Bhat and Secretary Dr Divya Kubsad gave awareness about cervical cancer. 14 pap-smear were taken. Nearly 50 women attended awareness session.

Feb 24 : World Cancer Day awareness program was

conducted at Bhantara Bhavana by WDW, IMA Bhadravathi, SOGS and other organizations on 5th Feb 2024. Dr R C Bangalore renowned surgeon and IMA president presided over the function. Dr Suhas and Dr Veena Bhat spoke about various risk factors for cancers and preventive measures. WDW secretary Dr Divya Kubsad spoke about HPV vaccination. Dr Soundarya, Dr Eshwarappa and others were present. Beneficiaries nearly 70 people.

Dharwad : Jan 24 : 28/01/24 WDW Dharwad in association with FPAI Dharwad conducted Cervical Cancer



Screening for 100 Female Sex Workers. Awareness on Early Screening for Cervical Cancer was given and all women underwent Screening using a Smartscope test, fully sponsored by WDW members, which gives immediate results on the presence or absence of changes in the cervix & the grading of Cervical changes. **28/01/24** WDW Dharwad in association with Shreeya College of Nursing conducted an Awareness program on "Importance of Girl Child". Students enacted a skit in premises of Corporation Hospital on the importance of the girl child, the right of education of girl child and to stop female foeticide. **Feb 24: 06.02.24** WDW Dharwad, in association with Rotary Club of Dharwad Prime, conducted a Health Check-up Camp for 200 children and 100 Adults in Belur village. Pediatric check-up, ENT & Dental check-up, along with blood grouping, was conducted. General check up, Cervical Cancer Screening & Blood tests were performed for women. **07/02/04** WDW Dharwad gave an Awareness talk on HPV Vaccination, Menstrual Health & Hygiene was given for girls from the 8th Std at government school at Belur industrial area

HUBLI : Feb 24 : Cancer cervix prevention Week - WDW Hubballi organized an educational and motivating talk at : Aashreya, Raggpicker s colony on 26/01/24 ; Durgashakti colony on 27/01/24 : Ramlingeshwar Nagar on 15/02/24 ; Akshya Park on 16/02/24 - Altogether around 160-170 women attended the talk Dr Sangeeta Antartani, consultant obstetrician and gynaecologist spoke about symptoms and risk factors for cancer cervix, information on Papsmear was given. Women were encouraged to come



forward for Pap smear appointment. Dr Sangeeta kindly conducted a free PAP smear camp at her private hospital, on 29/01/24. Out of 35 women attended camp, 25 women had smear taken. They were reported by Dr. Bharati Bhavikatti. 10 women showed inflammatory changes, they received antibiotics and been advised follow up. **World Cancer Day; 04/02/24** - WDW Hubli in association with IMA and Radon cancer center conducted a cancer awareness program at Tolankere park Hubli. This was followed by vaccination drive at Radon centre, where 20 girls were vaccinated free of cost. Also Radio talk was given by Dr Shilpa Chatni and Dr Saikumari, regarding carcinogens, common cancers, signs and symptoms and treatment modalities.

GANGAVATHI : WDW GANGAVATHI with IMA GANGAVATHI celebrated 75 th Republic day at IMA bhavan. Dr Veena Sathish president IMA GANGAVATHI addressed the gathering. IMA GANGAVATHI with WDW GANGAVATHI conducted cervical cancer awareness program for government lady teachers of Gangavathi taluka at IMA BHAVAN. Dr Veena Sathish, Dr Uma Raju and Dr Sumathi spoke elaborating the course of conditions, and highlighted the importance HPV vaccination. Most of the teachers registered for papsmear screening and registered their daughters for HPV vaccination.

GADAG : Breast cancer awareness program was conducted at Gadag Scan centre in association with IMA Gadag And IMA WDW Gadag Mammography and Ultrasound tests were done for women aged above 40 years. The camp was conducted free of cost by Dr Pavan Patil sir in association with Gadag Scan centre Breast cancer awareness talk was given by Dr. Sonia. Karur & Dr. Pavan. Patil





Indian Medical Association Karnataka State Branch

Digital Software Sub-Committee



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Inaugurated and launched in 89th MEDICON at Bidar by

Dr. R.V. Asokan, National President Elect, IMA HQ

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2. Forth nightly online training sessions for all members on software and its applications from March 8th.



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Hospital Basic	BEST VALUE! Hospital Plus	Hospital Pro									
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For enquiries contact : Mr. John, 9986595897 | Mrs. Sridevi, 9448077944



A Journey to Phuket, Thailand

- Dr. S.M. Prasad, IMA Bengaluru



My interest to visit Phuket started as many of my friends who had visited Phuket informed me about the clear blue sea water and many different islands in the region. As soon the VISA on arrival to Thailand was announced free, I booked the return air-tickets as it worked cheaper in Singapore airlines (Thai airways much cheaper) and I booked online the hotel accommodation online platform. I got confirmed emails for both airline & hotel. Forex advised me to carry THB 15,000 & USD 300 for emergency use. But a valid passport of at-least 6months necessary and checked before booking as it is VISA on arrival.

On arrival to Phuket international airport, they stamped the immigration for 30 days from the time of arrival though my stay was for 5 nights and they have clean airport with standard immigration officers like USA.

We did the local tours. I was able to see Big Buddha and learnt 7- minute guided meditation taught there. The honey farming with different uses of honey, I came to know there. Even the cashew farming industry making different flavors was good. The famous Buddha temple on the way back was totally different from India and utmost care taken at the places for foreign tourists.

From the hotel, I booked 2 full days trip packages called the Phi Phi island package covering 6 islands on a ferry like Maya bay, Piley Lagoon, Viking cave and a James bond island package covering the 6 islands with canoeing like Hong island, Koh Panyee island, Palm beach, etc. in some place under the caves. Where ever I travelled, the mesmerizing white sand beaches with clear blue water were refreshing. Most of the island beaches, they have water sports,



ATV vehicles, rental scooters, protected swimming areas, etc.

Walking in the colorful Patong road in the night was noisy but one should see what is happening in local places as it was loaded with foreign tourist for many different activities to suit the young and old. Those who doesn't like the noisy area should not visit this road.

Near Patong area, I had the chance to eat India food in many restaurants like Delhi Darbar, Badshah, Madras Café, etc. and our food give you sense filling. No need to worry about hygiene as they are well maintained. As there Buddha Poornima on one they the merchants closed their establishments strictly with police orders and law was strict as police were catching the rental bikes.

The journey, visiting the clear water with clean beaches of islands was fantastic. Only it bothered me there was so many weed shops at many places in Phuket Patang where the tourist can visit for buying. If any one of our IMA members want to visit this place, feel free to contact me for useful tips.



"You earned it - now go get some well-deserved rest and relaxation!"

KNOW YOUR DOCTOR with Passion : Photography



Dr. Pramod Shanbag



Good morning Dr. Pramod Shanbag Sir. I have heard so much of your passion on Photography. I would like to know more about you.

Dr Pramod: I was born on 22 September 1947 in Honavar, coastal Karnataka. I studied MBBS from KMC, Hubblin in 1971, and DCH from KEM Hospital, Mumbai in 1974. I commenced my private practice in a rural area

in 1975, and since 1981, I have been practicing in Bangalore.

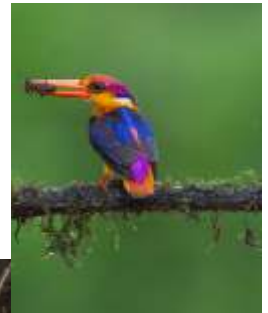
Thank you Sir. Most of us always want to be in the consultation rooms, some says hardly they have time for hobbies of own interest. What is your say?

Dr Pramod: From a young age, I have been captivated by nature and wildlife, drawing inspiration from magazines like Life, Times, and National Geographic found in his college library. My journey into photography started in 1992 when I with my friend began learning under the guidance of Mr. Perumal, an esteemed figure in nature photography. Since 2014, I have been passionately pursued photography as a hobby and has actively participated in national and international photo competitions.

I came to know that you have awarded in different platforms for your photography. I would like to know more from you.

Dr Pramod: I have received over 7000 acceptances and has been honored with 1200 awards. Other Honors received: ARPS, MPSA, EFIAP/D1, MFIP (N). Recently, I have developed a keen interest in street photography. I do extensive travels have taken to various remote locations, exploring the wonders of the natural world.

Thank you for your valuable time. It really a great achievement i.e. a doctor with passion with photography of wild life and now on interesting street photography.



IMA Shivamogga branch conducted State level Doctors Tennis & Swimming competition on 24th & 25th Feb. Dr Srinivas S, IMA state President who inaugurated the event highlighted on IMA KSB GST and branch activities and all IMA KSB schemes . IMA KSB sports committee chairman Dr G B Bidinahal attended the event & spoke on importance of sports activities and physical activities for doctors.



IMA KSSS



IMA'S KARNATAKA SOCIAL SECURITY SCHEME

IMA House, Bailappanavar Nagar, Hubballi-29 Ph.: 0836-2355656

<https://www.imakssshubli.org>

Respected Members,

Earlier our web was <http://www.imakssshubli.org>, but now it is <https://www.imakssshubli.org> you can clear the browser history in the settings and open the above link.

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Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs. 17700/-	Rs. 18200/-	Rs. 18700/-	Rs. 28700/-	Rs. 31700/-	Rs. 36700/-	Rs. 44700/-
Fee for Silver Jubilee Scheme	Rs. 20700/-	Rs. 22700/-	Rs. 24700/-	Rs. 31700/-	Rs. 38700/-	Rs. 47200/-	Rs. 57700/-

It Includes Subscription, Registration, Membership Contribution, AFC & in Silver Jubilee Scheme Includes Group Accident Benefit

IMA KSSS New Membership Tariff Effective from 01-04-2023

Recent death claim in Old Existing Scheme – Rs. 19,25,000/-

Recent death claim New Silver Jubilee Scheme – Rs. 60,95,000/-



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Mo : 9880250083

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Mo : 9845222245

Dr. Anandravi B.N.
Joint Secretary
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Dr. Maheshkumar S.
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Mo : 9341738405

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- The cause of Action must be in the period of active membership for all claims.
- Membership becomes effective from the Date of realization of Cheque or DD In favour of IMA KPPS.
- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

FEE DETAILS-From 01-10-2023

a) Fee details for the 1st year (admission contribution)

Admission fee	Rs. 100/-
Annual subscription Fee	Rs. 2000/-
Advance fraternity contribution	Rs. 1000/-
Total	Rs. 3100/-
GST 18%	Rs. 600/-
Grand Total	Rs. 3700/-

b) Fee details for subsequent years

Annual subscription fee	Rs. 500/-
Demand fraternity contribution	Decided and intimated that year *
GST 18% on the demanded amount	

*Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

Dr. Honnegowda

Chairman

M. 9448118299

Dr. N. Dhanapala

Hon. Secretary

M. 9342161266

Dr. J. Sharanappa

Hon. Treasurer

M. 9448924466

Scan to download Membership application forms



IMA KSB
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The Admission fee details is as follows

Age in Years	Total Amount, At the time of joining (1 st Year)	The Amount to be paid every year (2 nd Year onwards)
Children below 25 yrs	Rs. 4000.00	Rs. 3000.00
Below age of 35 yrs	Rs. 5000.00	Rs. 4000.00
Below age of 45 Yrs but above 35 Yrs	Rs. 7000.00	Rs. 5000.00
Below age of 55 Yrs but above 45 Yrs	Rs. 9000.00	Rs. 6000.00
Below age of 65 Yrs but above 55 Yrs	Rs. 11,000.00	Rs. 7000.00
Below age of 75 Yrs but above 65 Yrs	Rs. 13,000.00	Rs. 8000.00
Below age of 85 Yrs but above 75 Yrs	Rs. 15,000.00	Rs. 9000.00

LOCK IN PERIOD

- Founder member** :- shall have the benefit of the scheme **six months** after joining the scheme or immediately after launching the scheme whichever is longer.
- All the **ordinary members** and **beneficiary members below the age of 65** on joining shall have the benefit of the scheme after **12 months** of joining the scheme or immediately after launching the scheme whichever is longer.
- All the **ordinary members** and **beneficiary members above the age of 65** on joining shall have the benefit of the scheme after **24 months** of joining the scheme or after launching the scheme whichever is longer.

NO CASHLESS SERVICE (They have to pay their bills themselves & Claim later)

- * No advance payment will be made to the members
- * Members will be given reimbursement of **75% of total amount** of the bill not exceeding the sum limited to each disease.
- * If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- * A member will get a maximum of benefit of **Rs.2 Lakhs** in one year.

The scheme was launched on 1st of July 2017 on the Doctors day Celebration at Bengaluru.

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094481 45035

Secretary
Dr Madhusudhan K N
094481 40003

Treasurer
Dr Hanumantappa A
99456 05974

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90th MEDICON 2024

IMA Karnataka State
Annual Medical Conference
Host - IMA Yelahanka Branch

 **25th - 27th
October, 2024**

 **Venue :**
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1st April - 30th June 2024	Rs. 6,000	Rs. 11,000	Rs. 4,000	Rs. 3,500
1st July - 24th Oct 2024	Rs. 7,000	Rs. 12,000	Rs. 5,000	Rs. 3,500
SPOT Registration	Rs. 8,000	Rs. 14,000	Rs. 6,000	Rs. 3,500

For Further Details Contact

Organising Chairman
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9845611856

Organising Secretary
Dr. K.G. Shankararayana
9845065527

Organising Joint Secretary
Dr. V. Suri Raju
99020 11037

Chairman, Scientific Committee
Prof. Dr. M. Pavankumar
99647 77846



90th MEDICON 2024

IMA Karnataka State
Annual Medical Conference
Host - IMA Yelahanka Branch



25th - 27th
October, 2024



Venue :
Akash Institute of Medical Sciences
& Research Centre, DEVANAHALLI



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Age :	
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Medical Council :	
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President visit to Various Branches



Bhadravathi



Kadur-Birur



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Ron

Indian Medical Association

Karnataka State Branch IMA House, Near IMA Circle
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Web : www.imakarnataka.in